

MARCH

SECONDARY LUNCH MENU



Get a boost of vitamin C with colorful fruits like blueberries and oranges.

Whole Grains Are Good for You!
Whole grains contain lots of healthy components, including fiber and many essential vitamins and minerals.

Choose from all five food groups to balance your school breakfast.



National School Breakfast Week March 5-9

Mon	Tues	Wed	Thurs	Fri
<p>National School Breakfast Week</p>			1 Grilled Parmesan Chicken Sub or Beef Taco Pie	2 No School
5 Hamburger or Cheeseburger or Hot Dog Bar	6 Potato Soup w/Grilled Cheese or Crispy or Spicy Chicken Sandwich	7 Chicken & Noodles or Corn Dog Chips w/Meal	8 Beef Tacos or Toasted Ravioli w/Garlic Toast	9 Choice of Pizza or Fish Sticks w/Mac & Cheese
12 BBQ Rib Sandwich or General Tso's Chicken w/Rice	13 Broccoli & Cheese Soup w/Sandwich or Crispy or Spicy Chicken Sandwich	14 Mexican Bar or Tornados	15 Turkey Roast or Mozzarella Bosco Breadsticks	16 Choice of Pizza or Tuna Sliders or Corned Beef
19 Popcorn Chicken w/Bread Item or BBQ Chicken Legs w/Bread Item	20 Spaghetti w/Garlic Toast or Crispy or Spicy Chicken Sandwich	21 Chili w/Cinnamon Roll or Chicken Nuggets w/Bread Item	22 Manager's Choice Ice Cream w/Meal	23 Manager's Choice
<p>Spring Break March 26th-30th</p>				

Available Daily for Lunch

- PB & J Sandwich
- Deli Sandwich
- Yogurt Bundles
- Garden Bar

Menus Subject to Change
This institution is an equal opportunity provider.